

BE YOUR BEST

PATCH PROGRAM



Girl Scouts of the Green and White Mountains

Serving New Hampshire and Vermont

Be Your Best

This patch program is available to all grade levels. We can all be our best when we are helping someone else!

Use this patch program as a side trip to your current Journey program. Every Journey book has activities from the three keys to leadership - discover, connect and take action- as part of the Girl Scout Leadership Experience (to find out more about the GSLE, visit girlscouts.org/gsle. In all of our programs, the goal is to help build girls of courage, confidence, and character, who make the world a better place.

Girls should decide together what activities are appropriate for them to accomplish. Remember: you cannot raise money for another organization, but you can collect things and make the public more aware.

Patches

The first time you participate in this program you can purchase the Be Your Best Patch. Each time you choose to complete patch program activities with a different agency, yellow stars are available to place around the main patch.

Complete a Discover and Connect Activity and then:

1. Organize your plan of action.
2. Do your activities – HAVE FUN!
3. Evaluate (attached to this packet).

Agencies you may choose from, or select one in your community:

American Red Cross
Nursing home
Hospital
Salvation Army
Local food bank

Audubon Society
Animal shelter
Library
Goodwill
Local homeless shelter



Requirements

Complete one (or more) Discover, Connect, and Take Action activity.

DISCOVER ACTIVITIES: Girls understand themselves and their values and use their knowledge and skills to explore the world.

Girls Develop Positive Values

- Find out about different charitable agencies. What do the agencies do? Who do they help?

Girls Gain Practical Life Skills

- Familiarize yourselves with the way they do advertising. Can you make any suggestions to get the word out to more people?

Girls Seek Challenges in the World

- Try to find out if this agency, or one like it, exists in other parts of the USA. Do they do things differently in different areas?
- Does this organization exist in other countries? Find out how they go about getting public support.

Design your own Discover activity.

CONNECT ACTIVITIES: Girls care about, inspire and team with others locally and globally.

Girls Develop Healthy Relationships

- Choose the agency you wish to help. Call the agency and find out what they need and how you can help.

Girls Promote Cooperation and Team Building

- Decide what you want to do and how you want to do it. Design your plan of action and be sure to include everyone in your group. Give everyone their own special piece to do.

Girls Feel Connected to Their Communities

- Discuss with your group what each girl would like to see happen as a result of your group's activities.

Design your own Connect activity.

TAKE ACTION ACTIVITIES: Girls act to make the world a better place.

Girls Can Identify Community Needs

- If you're collecting items, design and decorate a box to put the items in.

Girls Educate and Inspire Others to Act

- Make phone calls to people you know to tell them about the organization you are helping, and let them know what they can do to help.

Girls feel empowered to make a difference in the world

- Make posters or flyers to hand out.

Design your own Take Action activity.

A Sample Plan of Action

Activities are for groups or individuals



American Red Cross
Blood Drive

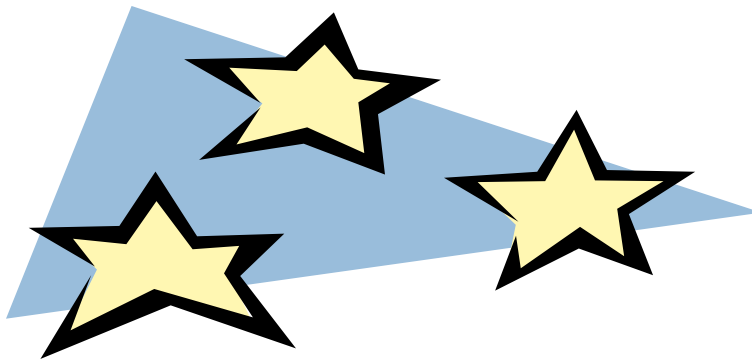
Find out the date, time, and place of a Red Cross Blood Drive in your area.

- Make large, eye-catching posters. Get permission to place them in public places
- Call your local radio station/newspaper to have the information announced
- Make up a jingle!
- Make phone calls to people you know to tell them about the blood drive and request their participation as blood donors
- Canvas your neighborhood, hand out flyers
- Help organize a carpool, find an adult to pick up people who need a ride

On Site: Contact your local Red Cross (find your local chapter at www.redcross.org) to tell them what town you want to help out in.

On the day of the blood drive you could:

- Donate baked goods and juice.
- Serve refreshments
- Direct people where to go when they arrive
- Babysit young children while parents are giving blood
- Entertain donors after they give blood, while they rest and snack



If you have any questions, email customer care@girlscoutsgwm.org or call 888.474.9686.

Be Your Best Evaluation

*Troop Age Level(s): **Daisy**__**Brownie**__**Junior**__**Cadette**__**Senior**__**Ambassador**__

*Please write the number of girls per level

Troop Leader: _____
Street: _____ City: _____ State: _____ Zip Code: _____
Day Phone #: _____ Night Phone: _____ Cell: _____

1. Which activities did your troop enjoy the most?
2. In what way(s) did the girls give service in relation to this patch?
3. Did you change or adapt any activities? In what way?
4. How did the Journey suggestions help you connect this to your age-level Journey?
5. Would you suggest any changes?
6. Comments:

BE YOUR BEST PATCH ORDER FORM

Please return your Be Your Best patch order form AND evaluation forms together!

Troop Age Level(s): Daisy _____ Brownie _____ Junior _____
 Cadette _____ Senior _____ Ambassador _____

Troop Leader: _____

Street: _____ City: _____ State: _____ Zip Code: _____

Day Phone #: _____ Night Phone: _____ Cell: _____

_____ # of patches @ **\$1.50 each:** \$ _____

_____ # of patches @ **\$.50 each:** \$ _____

*Shipping/handling: \$ _____

Total enclosed: \$ _____

VISA and MasterCard are also accepted.

Please charge my (circle one): **VISA** or **MasterCard**

Card #: _____ Expiration Date: _____ / _____ CVC _____

Signature: _____

(A signature is required on all Credit Card orders)

*For shipping and handling rates, please go to <https://www.girlscoutsgwm.org/en/our-council/shop.html>.

If you have any questions, please contact Customer Care at 1-888-474-9686. You may also email Customer Care at customercare@girlscoutsgwm.org.

Please mail this order form **AND** your evaluation to:

**The Mountain Top Shop
Girl Scouts of the Green and White Mountains
1 Commerce Drive
Bedford, NH 03110**