

Short and Snappy Session



Patch Programs

The patch programs listed below were developed by Girl Scouts of the Green and White Mountains with patch requirements and activity suggestions for troops, groups or individual girls. Packets are available at the Bedford, NH corporate office reception desk or by calling Carrie at 603.627.4158 x147. You can download and print the patch packets from our website as well. Go to girlscoutsgwm.org then click on Girls and then click on troop.

Patch programs include the following:

- Jump to Journeys
- Be Your Best
- Building Possibilities
- Cabot Calcium Challenge
- Co-ops for Community
- Apple Quest
- Maple Sugaring
- Operation Snowflake
- Flat Juliette
- Dental Health
- Super Troop Camper Patch



What's a Short and Snappy?

- ◇ Short training/information segment provided at a Community Meeting.
- ◇ Any Community Learning Coordinator or interested volunteer may lead a short and snappy.
- ◇ Short and snappies are 15–20 minutes in length.

All of these programs have patches, and some even have add-on mini patches so they can be done year after year!

Activity

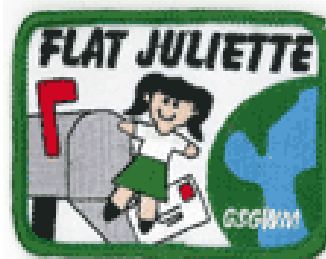
Split your leaders up into teams. Have at least 3 people per team. Once you have them in teams give each team one of the patch program packets and give them 5 minutes to create a 30-second commercial about their patch program to share with the rest of the community.

Allow groups to share their commercials and then see if there are any questions about any of the patch programs.

Provide each troop with a copy of the following handout with a detailed listing of all the patch programs including which age level they are for and where to get them.

What You'll Need for This Snappy:

- ◇ Leaders
- ◇ Moderator
- ◇ Resources needed: 1 copy of each or most patch programs, a copy of the following handout for each troop
- ◇ 15-20 minutes



GSGWM Patch Programs

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You can also go to <http://www.girlscoutsgwm.org/Girls/patch-programs.html> to view the patch programs online or to print off your own copy.

Jump to Journeys - All age levels

The Jump to Journeys patch is designed to give you, as the leader/advisor of a troop/group, a taste of the activities offered in the Journeys for the grade level you are working with. By doing the activities and earning this patch with your troop/group you and the girls will have the information you need to decide which Journey to dive into.

Be Your Best - All age levels

This patch program will help you “be your best” while you Discover, Connect and Take Action to help an organization that helps others (i.e., animal shelters, American Red Cross, Salvation Army, nursing homes, etc.). Plan your own activities to bring out the best in each of you.

Building Possibilities - All age levels

Discover how engineering can be an awesome career field choice.

Cabot Calcium Challenge - All age levels

The 3-A-Day Calcium Challenge Patch program encourages Girl Scouts to learn about the importance of calcium in a healthy diet.

Co-ops for Community - All age levels

Interested in this program, sponsored by Cabot Creamery and the National Business Cooperative Association? Troops/girls can either go to **City Market Onion River Co-op** or they have the option of sending someone to your troop!! If the conference room is available they are more than willing to let troops use that space to work on some of the other patch requirements. They would prefer two weeks’ notice in order to accommodate troops/girls in the best way possible. Contact Allison Weinhagen AWeinhagen@citymarket.coop or by phone 802.861.9750. Onion River Cooperative dba City Market, 82 South Winooski Avenue, Burlington, VT 05401.

Apple Quest - All age levels

This patch will encourage girls to discover the importance of apples in our lives, connect to local farmers and orchards and take action by finding ways we can make a difference in our community with what girls learn.

Maple Sugaring - Daisy, Brownie, Junior, Cadette

The sugaring season is a wonderful part of Vermont and New Hampshire culture. Complete activities to explore the history of maple sugaring and find out the secrets to making the “sweet stuff”!

Operation Snowflake - All age levels

Learn about the effects of cold temperatures and snow, especially in New England, as you choose and complete activities to earn this fun winter patch. Girls earning this patch for the first time earn the large patch and their first snowflake. Girls can complete new activities and continue to add snowflakes to their large patch year after year.

Flat Juliette - All age levels

The Flat Juliette program is a digital scrapbook that promotes international literacy and friendship. It is based on the Flat Stanley/Stacie projects, started by a school teacher.

In the Flat Stanley/Stacie book, Stanley/Stacie get flattened while sleeping one night by a bulletin board. They are very surprised when they wake up and find they are flat! Their parents try and think positively about this change and tell them they can visit anyone, anywhere because they fit in an envelope and it’s cheap to mail! [More info.](#)

Dental Health - Daisy, Brownie, Junior

Welcome to the world of teeth. Developed by the Auxiliary to the American Dental Association in cooperation with Girl Scouts of the USA.

Super Troop Camper Patch - All age levels

The Super Troop Camper patch is designed to help Girl Scouts experience all of our 4 camp properties. Girls decide what camp to start with and what activities they want to do at each camp. Use this patch program as a tool in helping with your girls’ progression in camping and troop trips.