



# Girl and Adult Health History Record

Confidential

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Full Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Girl is in the custody of:  Mother Only  Father Only  Both Parents  Other \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_

Address (if different than girl): \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

### Additional Emergency Contact (individual to act on behalf of person named on Line 1):

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_

Medical/Hospital Insurance Carrier: \_\_\_\_\_ Policy/Group #: \_\_\_\_\_

Date of last health exam \_\_\_\_\_ List any medical problems noted \_\_\_\_\_

Date of last tetanus shot \_\_\_\_\_

Is participant currently under physician's or psychologist's care?  yes  no Issue: \_\_\_\_\_

Special accommodations needed: \_\_\_\_\_

### Allergies (please attach additional sheet if needed):

Item: \_\_\_\_\_ Reaction: \_\_\_\_\_ Life threatening:  YES  NO Next Step: \_\_\_\_\_

Item: \_\_\_\_\_ Reaction: \_\_\_\_\_ Life threatening:  YES  NO Next Step: \_\_\_\_\_

Item: \_\_\_\_\_ Reaction: \_\_\_\_\_ Life threatening:  YES  NO Next Step: \_\_\_\_\_

I \_\_\_\_\_ (initial) confirm that my child has the knowledge and skills to safely possess and use Epinephrine Auto-Injector.

### Has the participant had (if you check any of the items below, please explain. Use additional paper as needed):

- a serious injury requiring medical attention?  an illness lasting more than 5 days?
- any prescribed or over-the-counter meds?  any restriction concerning physical activities?
- a surgical operation or fracture?  any exposure to a contagious disease?
- treatment in hospital or emergency room?  other (specify): \_\_\_\_\_

### Illnesses (Chronic or Recurring) & Injuries (check those that apply and give dates of last incident):

- Ear infection \_\_\_\_\_  Asthma \_\_\_\_\_  Seizures \_\_\_\_\_
- Bleeding/clotting disorders \_\_\_\_\_  Heart defect/disease \_\_\_\_\_  Diabetes \_\_\_\_\_
- Hypertension \_\_\_\_\_  Musculoskeletal Disorders \_\_\_\_\_  Others (specify) \_\_\_\_\_
- \_\_\_\_\_  \_\_\_\_\_  \_\_\_\_\_

I \_\_\_\_\_ (initial) confirm that my child has the knowledge and skills to safely possess and use asthma inhaler.

### Other Health Conditions (check those that apply, explain any checked items)

- Bed wetting  Sleep disturbances  Special dietary regimen  Mental health
- Nosebleeds  Menstrual cramps  Wears glasses/contact lenses  Motion sickness
- Constipation  Fainting  Sickle cell trait or immune disease  Hearing impairment
- Additional Information: \_\_\_\_\_

*This health history is complete and accurate. I know of no reason(s) why my daughter/I should not participate in activities except as noted. I understand that if the health condition or health insurance information should change, I will notify her Girl Scout leader. In the event I cannot be reached in an emergency, I hereby give permission to the physician indicated above or medical personnel to secure and administer treatment, including hospitalization for my daughter/myself.*

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
or Adult named on Line 1