

# Short and Snappy Session



## Throw Away Your Troubles

Sometimes group discussions can get out of hand or one person may monopolize the time. This activity is a good way for leaders to share problems or issues they've encountered with their troops and at the same time jazz up a round-table concept. This is also a fair way to address problems when there may not be enough time to solve all of them.

### Activity

Announce that participants will get a chance to "throw away their problems". If you have a large community, divide people into groups by program level. Have each person write her/his problem or concern on a piece of paper. Then ask them to crumple it up and throw it into the basket in the middle of their group.

After all the problems have been thrown away, instruct people to divide into teams of three within their group. Have one person from each team take one of the problems out of their group's basket. Once every team has one of the problems to solve, give everyone one minute to brainstorm within their team and come up with possible solutions to the problem they received. Afterwards, each team will take a turn to share their solutions with their group. Depending upon the number of teams in each group, you might want to limit the amount of time each team has for their response by suggesting a three minute time limit, sharing only the top three solutions, etc.

### Coming together

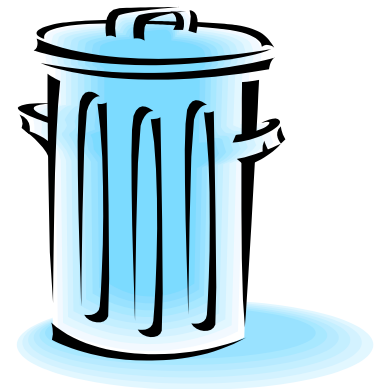
Wrap up the session by bringing all of the groups together and restating some of the problems that have been solved during the session. Assign someone to research any problems that need further follow-up for answers and set aside a time to address any problems that weren't solved in a future Community meeting.

Try using this technique any time of the year, especially when troops have settled in and problems may be coming to the surface. This is also a great activity for brainstorming for Community projects.



### What's a Short and Snappy?

- ◇ Short training/information segment provided at a Community Meeting
- ◇ Any Community Learning Coordinator or interested volunteer may lead a short and snappy.
- ◇ Short and Snappies are 15–20 minutes in length.



### What You'll Need for This Snappy:

- ◇ Leaders
- ◇ Moderator
- ◇ Resources needed: small sheets of paper, enough for 1 per participant and pens or pencils for each participant, basket or container for each group, stop watch or time piece
- ◇ 15-20 minutes