



# **BE YOUR BEST**

## PATCH PROGRAM

Girl Scouts of the Green and White Mountains  
Serving New Hampshire and Vermont

Revised 1/2009 kag

# Be Your Best

This patch program is available to all grade levels. We can all be our best when we are helping someone else!

Girls should decide together what activities are appropriate for them to accomplish. Remember: you cannot raise money for another organization, but you can collect things and make the public more aware.

## Patches

The first time you participate in this program you can purchase the Be Your Best Patch. Each time you choose to complete patch program activities with a different agency, yellow stars are available which you can place around the main patch.

Complete a Discover and Connect Activity and then:

1. Organize your plan of action.
2. Do your activities – HAVE FUN!
3. Evaluate (attached to this packet).

**Agencies you may choose from, or select one in your own neighborhood:**

The American Red Cross  
Nursing home  
Hospital  
The Salvation Army

Audubon Society  
Animal shelter  
Library  
Goodwill



## Requirements

Complete one (or more) Discover, Connect, and Take Action activity.

### DISCOVER ACTIVITIES:

Girls Develop Positive Values

- Find out about different charitable agencies.  
What do the agencies do?  
Who do they help?

Girls Gain Practical Life Skills

- Familiarize yourselves with the way they do advertising. Can you make any suggestions to get the word out to more people?

Girls Seek Challenges in the World

- Try to find out if this agency, or one like it, exists in other parts of the U.S. Do they do things differently in different areas?
- Does this organization exist in other countries? Find out how they go about getting public support.

Design your own Discover activity.

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### CONNECT ACTIVITIES:

Girls Develop Healthy Relationships

- Choose the agency you wish to help. Call the agency and find out what they need and how you can help.

Girls Promote Cooperation and Team Building

- Decide what you want to do and how you want to do it. Design your plan of action and be sure to include everyone in your group. Give everyone their own special piece to do.

Girls Feel Connected to Their Communities

- Discuss with your group what each girl would like to see happen as a result of your group's activities.

Design your own Connect activity.

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### TAKE ACTION ACTIVITIES:

Girls Can Identify Community Needs

- If you're collecting items, design and decorate a box to put the items in.

Girls Educate and Inspire Others to Act

- Make phone calls to people you know to tell them about the organization you are helping, and let them know what they can do to help.

Girls feel empowered to make a difference in the world

- Make posters or flyers to hand out.

Design your own Take Action activity.

## A sample plan of action

Activities are for groups or individuals

Agency: The American Red Cross  
Blood Drive



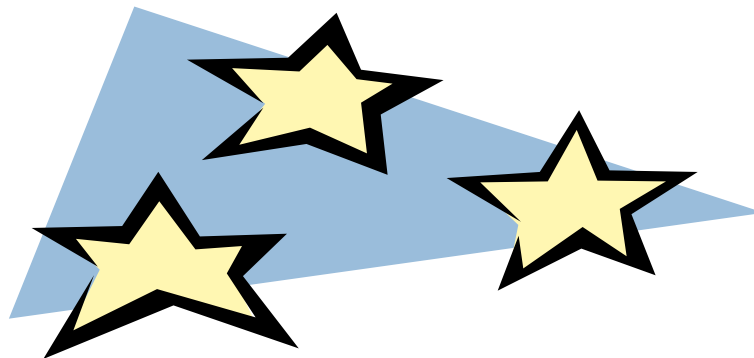
Find out the date, time, and place that the Red Cross will be in your area.

- ❖ Make large, eye-catching posters. Get permission to place them in public places.
- ❖ Call your local radio station/newspaper to have the information announced.
- ❖ Make up a jingle!
- ❖ Make phone calls to people you know to tell them about the blood drive and request their participation as blood donors.
- ❖ Canvas your neighborhood – hand out flyers.
- ❖ Help organize a carpool – find an adult to pick up people who need a ride.

On Site: Call the American Red Cross chapter nearest you and tell them what town you want to help out in.

On the day of the blood drive you could:

- ❖ Donate baked goods and juice.
- ❖ Serve refreshments.
- ❖ Direct people where to go when they arrive.
- ❖ Babysit young children while parents are giving blood.
- ❖ Entertain donors after they give blood, while they rest and snack.



## BE YOUR BEST EVALUATION

1. Which agency did you choose to help?  
\_\_\_\_\_
2. Please tell us about the activities you did. Use a separate piece of paper if needed.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. Did you have any problems working with the agency you selected?  
\_\_\_\_\_  
\_\_\_\_\_
4. This patch program encourages girls to identify community needs.  
AGREE \_\_\_\_\_ DISAGREE \_\_\_\_\_ UNSURE \_\_\_\_\_
5. Through their participation in the Be Your Best Patch Program Activities, girls feel empowered to make a difference in their community and are becoming resourceful problem solvers.  
AGREE \_\_\_\_\_ DISAGREE \_\_\_\_\_ UNSURE \_\_\_\_\_

Troop/Group Leader: \_\_\_\_\_ Troop/Group # \_\_\_\_\_

Circle grade-level(s) and fill in # of girls completing patch program:

D \_\_\_\_\_ B \_\_\_\_\_ J \_\_\_\_\_ C \_\_\_\_\_ S \_\_\_\_\_ A \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone

(daytime) \_\_\_\_\_ (evening) \_\_\_\_\_

E-mail address: \_\_\_\_\_

Please return this evaluation with your patch order to:

**Our Store**  
**Girl Scouts of the Green and White Mountains**  
**P O Box 10832**  
**Bedford, NH 03110-0832**

BE YOUR BEST PATCH ORDER

Please return your Be Your Best evaluation form with your patch order!

\_\_\_\_\_ # of patches @ \$1.50 each = \$ \_\_\_\_\_

\_\_\_\_\_ # of stars @ \$.50 each = \$ \_\_\_\_\_

Shipping and handling = \$ \_\_\_\_\_  
(rates listed below)

Total = \$ \_\_\_\_\_

Make checks payable to GSGWM and send to:

**OUR STORE**  
**Girl Scouts of the Green and White Mountains**  
**P O Box 10832**  
**Bedford, NH 03110-0832**

VISA and MasterCard are also accepted.

Please charge my: VISA  MasterCard

Signature: \_\_\_\_\_  
(A signature is required on all credit card orders.)

Account #: \_\_\_\_\_

Expiration Date: \_\_ / \_\_

Shipping and Handling Rates

Under 18.99	\$4.50	\$75-\$99.99	\$10.00
\$19-\$29.99	5.75	\$100-\$149.99	12.50
\$30-\$44.99	7.50	\$150-\$199.99	13.75
\$45-\$59.99	8.00	\$200-\$249.99	18.50
\$60-\$74.99	9.50	Over \$250.00	23.00

If you have any questions, call 603-627-4158 or 1-888-474-9686.