

## Ambassadors

The Take Action for Healthy Living Project can be used along with *Your Voice Your World: The Power of Advocacy* to earn the Girl Scout Advocate Award. It also can be used toward a Gold Award Project.

### **A Great Ambassador Take Action for Healthy Living Project:**

- Helps the girls expand their network - they get to meet and interact with new people.
- Gives team members a chance to use talents and skills in new ways. The girls will all face a challenge – one they are excited about.
- Is doable with the time and resources the girls have. Girls decide how big their project will be.
- Gives girls a chance to advocate for healthy living.
- Gives girls an opportunity to educate about healthy living and inspire others to be involved, too.
- Strives for a sustainable impact, no matter what its focus.

### **Involve your girls to make sure your project is Girl-Led:**

Girls should take ownership of their Take Action for Healthy Living Projects—from choosing a healthy living issue, networking with potential partners, to presenting their position to VIPs.

- Check out the girl book of *Your Voice Your World: The Power of Advocacy* for step-by-step guides to plan the Take Action for Healthy Living Project.
- Girls expand their networks by connecting with members of their community who are leaders in the community.

### **Ideas for your Take Action for Healthy Living:**

Take Action Projects not only solve the root cause of an issue important to your Girl Scouts – they educate and inspire others to act, all in a sustainable way. Try some of these ideas or check out the *It's Your World – Change It!* Journey for more ideas:

- Give a presentation about a healthy living issue for which girls are advocating.
- Advocate for change of a healthy living issue to VIPs.
- Create a public service announcement about a healthy living issue.
- Write a letter to the editor or newspaper article about a healthy living issue.

### **Celebrating Your Take Action for Healthy Living**

Try one or more of these great ways to celebrate their Take Action for Healthy Living. Schedule time and resources for your celebration into the project plan. It's important to celebrate and reflect on the girls' accomplishments.

- Give each girl a chance to share how they feel about the project and what they have achieved in her own words.
- Ask what they accomplished on behalf of healthy living.
- Ask girls to share what they have learned with others.
- Give girls specific examples of what you observed about their efforts.
- Invite friends and family to your ceremony.
- Look at pictures from the project.
- Thank others involved with the project.