

Daisies

The Take Action for Healthy Living Project can be used along with *Welcome to the Daisy Flower Garden Journey* to earn the Golden Honey Bee Award.

A Great Daisy Take Action for Healthy Living Project:

- Allows girls to use their special skills – words and deeds – to promote healthy living
- Relies on girl input in choosing and planning
- Gives girls the opportunity to work as a team
- Enables girls to advocate for healthy living by talking to others and educating and inspiring them

Try these ways to involve girls to make sure the project is girl led:

Girls should take ownership of their Take Action for Healthy living Projects from choosing a healthy living issue and ways of solving the problem to making the project a Take Action Project. Try the ideas below to include them in the planning for the projects.

- What would make their world healthier?
- What will they bring to the project?
- What will they each do?
- What will they say? Ask?

Ideas for your Take Action for Healthy living Project:

Take Action Projects not only solve the root cause of an issue important to your Girl Scouts– in a sustainable way, they educate and inspire others to act. Try some of these ideas below or check out your *It's Your World – Change It! Journey* for more ideas.

- Partner with a school library or community building to make posters about a healthy living issue
- Host a family meeting about a healthy living issue
- Make a booklet, play or other creative endeavor to offer tips about a healthy living issue to other girls, families, or schools
- Learn about a healthy living issue and create a simple way to spread the word
- Work with local officials to find ways to improve a healthy living issue

Celebrating your Take Action for Healthy living Project!

Try one or more of these great ways to celebrate your Take Action for Healthy living Project! Plan time and resources for your celebration into the project plan. Celebrating and reflecting on girls' accomplishments are important!

- Give each girl a chance to say how she feels about the project
- Let them know what they accomplished on behalf of healthy living
- Give them examples of the teamwork you saw
- Invite friends and family to your ceremony
- Look at pictures from the project