

APRIL: GIRL SCOUTS GROW



GIRL SCOUTS OF THE GREEN AND WHITE MOUNTAINS
Serving New Hampshire and Vermont

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Juliette Gordon Low, "Daisy," treasured the outdoors. As a child, Daisy loved to play in the garden at her home. She and her siblings would climb a pittosporum tree and imagine they each had a house in the branches. While we don't have record of how Juliette's garden looked when she was a child, the outdoor space at her birthplace has been maintained as a formal garden since Girl Scouts of the USA purchased the home in 1953. At that time, the GSUSA commissioned Clermont Lee to design the garden at the Birthplace that would reflect what the garden would have looked like during Juliette's childhood. Lee was among the earliest women to practice landscape architecture professionally in Georgia and was the first female landscape architect in Savannah.

The current garden at the Birthplace is still set up as a historically accurate garden based on Clermont Lee's design from the1950s. The current garden is in the process of being updated to be SAFE (Sustainable, Accessible, Flexible and Engaged). The project will help to ensure that the Birthplace continues to thrive in the 21St century and beyond. Girl Scouts can follow the transformation of the garden on the Juliette Gordon Low Birthplace Facebook page.

The Girl Scouts Grow patch program is for all girls, Daisy through Ambassador. Included are activities and resources. Activities are organized by the 3 Keys of Leadership (what girls do in Girl Scouts) Discover, Connect and Take Action. Activities are not listed by age level. You know your girls best, so work with your girls to have them choose the activities that interest them and are relevant to them.

Discover

Girls will discover how plants affect their surroundings. Complete 3 activities.

- 1. Learn about a famous female landscaper who has made an impact in the field of garden architecture. What makes her outstanding in her profession? Are there any obstacles she had to overcome to become outstanding in her career? Share with others her accomplishments and achievements.
- 2. Learn about what plants are native to your state and what plants are invasive species. How are the invasive plants impacting native plants? What is being done in your state to prevent the spread of invasive species?
- 3. Insects are important to the pollination of plants, but some insects can destroy plants. Learn about what insects are good for plants and what insects are pests. What can you do to help increase helpful bugs and prevent pests from destroying a garden?
- 4. The Lady Slipper is the state wildflower of New Hampshire. It is currently imperiled in New Hampshire and vulnerable in Vermont. Find out what has been done to try to protect this native plant. Share what you learn and educate others on what they can do to help.
- 5. Visit a local garden. Learn about the plants that grow there. Find out who is the caretaker and ask them about what they do to help manage the garden. See if there are ways that you can volunteer and help maintain the garden.
- 6. Visit a local nursery and learn about the plants that they produce. What plants are the most popular for gardens? Learn about what it takes to grow a plant from a seed and how they maintain the plants until they are ready to be sold.
- 7. Learn about how Native Americans used the "Three Sisters" to provide sustainable farming. How do these 3 plants help support each other and maintain the soil for future farming? Plant and maintain a Three Sisters garden.
- 8. Learn about wild plants that are dangerous (poison ivy, poison oak, etc.) and wild plants that are edible (wild blueberries, wild raspberries, etc.). Learn how to identify these common plants and what you can do to prevent getting sick from exposure to dangerous plants. Share what you learn with others.
- 9. Visit a local farmers market. Talk to the vendors who grow their own plants. Learn about what they do as a local farmer. Learn about the benefits of buying locally grown fruits and vegetables.

Connect

Girls will explore how plants are a part of their community. Complete 2 activities.

- 1. Connect with a local garden club. Visit one of their meetings or invite a guest speaker from the club to come to a troop meeting. Ask about what types of activities their club is involved in and how girls can participate in a club event.
- 2. Make arrangements to hold a Girl Scout ceremony in a local garden. Girls can plan their Bridging or a Girl Scouts Own ceremony to incorporate the features of the garden. Invite family and community members to participate in the event.
- 3. Earth Day is April 22. Find out what events are happening in your community and how you can be involved. Look for activities that focus around helping clean up gardens, public forests and other natural areas. If there are no events happening in your area, work with local community groups to set up an event.
- 4. Talk with the people at your meeting location to find out what you can do to help plant a garden at your meeting place. Work with the facility to decide on what type of garden to plant, where a good location would be and how you can work with them to make sure the garden is maintained.
- 5. Visit a local senior center, nursing home, homeless shelter or other facility that provides for others. Look at how plants are used to improve the mood of the facility. Are residents involved in helping to care for the plants? Find out if there are opportunities for you or your troop to become involved in agricultural activities to help support the facility's efforts.
- 6. Indoor/decorative plants can be harmful to pets and children. Find out what plants can be dangerous and how they can be displayed in a home safely. Share what you find with others by creating a flier or handout that can be distributed at a local community center, town hall, library or other community resource facility.
- 7. Create a gardening resource book that lists local nurseries, local organizations that offer gardening connections, tips for planting in your region and other useful information that would help people create their own garden. Share your resource with a community organization that can help you distribute your resource book.

Take Action

Together girls can make the world a better place through horticulture. Complete 2 activities.

- 1. Winter can cause a lot of debris that needs to be cleared from gardens and outdoor spaces. Every year, Girl Scouts of the Green and White Mountains has several "Helping Hands" days at our Girl Scout properties where girls can come and help get our camps ready for the summer. Attend a Helping Hands event at a council property and find out how you can help to get our camp properties ready for summer.
- 2. Gardens are a wonderful place for people to be able to sit and enjoy the outdoors. Find a local garden that would benefit from having more structures for people to enjoy the surroundings. Work with the facility management to find out if you can build a bench or other structure to improve the property. If the garden already has enough structures, find out what you can do to help improve and maintain the existing structures.
- 3. Contact the local forestry service to find out what you can do to help with the removal of invasive plants. Plan a day to spend at a local, state or national park to eliminate invasive species from the native plants. Share your experience with local media to encourage others to help in the effort to keep invasive species from spreading.
- 4. Visit a local garden or outdoor space in your community. Is this space accessible for someone with a disability? What could be done to make this space easier for everyone to enjoy? Work with the local authorities to find out what you can do to help the space meet ADA requirements.
- 5. Composting provides fertilizer that plants need to grow. Create a composting bin that can be used at your home, school or other community location to help cut down on waste and can be used for plants. Learn how worms help with the composting process. Donate your compost to a local garden or farm, or use the compost to help grow your own garden.
- 6. Learn about the Peoples Garden program (https://peoplesgarden.usda.gov). Find a garden in your area and grow fresh food that can be donated to a local food bank. If there are no local gardens in your area, work with a local agency to create a Peoples Garden for your community.
- 7. Create your own Take Action project that will help benefit your community with garden improvements, locally grown food, community awareness or other project keeping with the theme of this patch program. Share what you did and why you chose that project on your evaluation form.

Resources:

- http://www.gardendesign.com/ good site for ideas, how-tos, and different plants that can be incorporated into a garden
- https://www.ranker.com/list/famous-female-landscapearchitects/reference?var=4&utm_expid=16418821-179.L_j85cRBSIGuH4I7Qr719g.3& comprehensive list of female landscapers
- https://extension.unh.edu/resource/invasive-plants- list of NH invasive species and what to do
- http://www.vtinvasives.org/ information on VT invasive plants
- http://www.nhfgc.org/club list.htm list of garden clubs in NH
- http://vermontfgcv.com/index.html list of garden clubs in VT
- http://www.enchantedlearning.com/usa/states/vermont/ facts about VT state plants and symbols
- http://www.enchantedlearning.com/usa/states/newhampshire/ facts about NH state plants and symbols
- <u>www.girlscoutsgwm.org</u> GSGWM offers mini grants that troops can use for the activities in this patch program. Contact <u>customercare@girlscoutsgwm.org</u> for more information.
- <u>www.scoutingweb.com</u> ideas for bridging and other Girl Scout ceremonies

Planting a Girl Scout Garden

Can be used for a ceremony.

First, plant five rows of peas:

- 1. Preparedness
- 2. Politeness
- 3. Promptness
- 4. Perseverance
- 5. Prayer

Then, three rows of squash:

- 1. Squash gossip
- 2. Squash criticism
- 3. Squash indifference

Next, plant ten rows of lettuce:

- 1. Let us be faithful
- 2. Let us be friendly
- 3. Let us be courageous
- 4. Let us be thrifty
- 5. Let us be unselfish
- 6. Let us be courteous
- 7. Let us be loyal
- 8. Let us be useful
- 9. Let us be truthful
- 10. Let us love one another

No garden, of course, would be complete without turnips, so....

- 1. Turn up for meetings
- 2. Turn up with a new idea
- 3. Turn up for training
- 4. Turn up with real determination
- 5. And best of all, turn up with a smile!!!

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	*Troop Age Level(s): Daisy_ _	BrownieJunior	Cadette	_Senior_	Ambassador
	*Pl	lease write the numbe	er of girls per le	evel	
Ti	roop Leader: treet: ay Phone #:				
S	treet:	_ City:	State:		Zip Code:
D	ay Phone #:	Night Phone:	Cell:		
	What activities did your girls				
2.	What did girls <i>Discover</i> abou	ut horticulture in thei	r area?		
3.	What organizations did girls	s Connect with as par	t of this progra	m?	
4.	How did girls <i>Take Action</i> as	s part of this patch pr	ogram?		
5.	Which activities did your tro	oop/group enjoy the r	nost?		
5.	Did you change or adapt an	y activities? In what v	vay?		
7.	Would you suggest any cha	nges to this patch pro	ogram?		
3.	Comments:				

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Please return your Girl Scouts Grow patch order form AND evaluation forms together!

Troop Age L	evel(s): Dais	y	Brownie		Ju	nior					
	Cadette	Cadette Senior		Ambassa		idor	_				
Troop Leader:											
Street:	City:			State:		Zip Code:					
Day Phone #:		Night Phone:			Cell: _						
	# of patches @ \$2.00 each : \$										
	*Shipping/handling: Total enclosed:		\$ \$			_					
						_					
VISA and MasterCard a											
Please charge my (circle one): VISA or MasterCard											
Card #: Expirat		on Date:	/	CVC							
Signature:											
(A signature is required on all Credit Card orders)											

*For shipping and handling rates, please go to https://www.girlscoutsgwm.org/en/our-council/shop.html.

If you have any questions, please contact Customer Care at 1-888-474-9686. You may also email Customer Care at customercare@girlscoutsgwm.org.

Please mail this order form **AND** your evaluation to:

The Mountain Top Shop Girl Scouts of the Green and White Mountains 1 Commerce Drive Bedford, NH 03110