

Jump To Journeys It's Your World—Change It! Brownie Quest Taster Activity

Discovering Our Special Talents

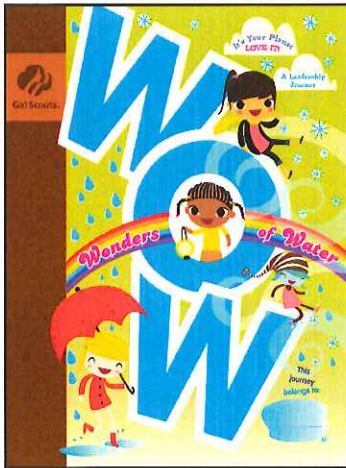
Materials for this activity: Ball, poster board or chart paper and, markers or crayons

In this game, the girls discover and name some of their special talents or qualities, and then discover and appreciate what other girls bring to the Brownie Circle. Plus, they can release a little energy.

1. Begin by gathering the girls into a circle . As their leader or guide, you could say something like: “When we join in a Girl Scout Brownie Circle, we’re making connections with girls all over the world standing in Brownie Circles just like this one. Imagine 500,000 girls doing the same thing– you are part of this amazing sisterhood! “
2. Then say: “So we can discover (one of the three steps to the keys to leadership) all the skills and talents each of us brings to this circle we are going to play a discovery game.”
3. You start by saying your name and one special quality you bring to the circle.
4. Then toss the ball and instruct the girl who catches it to say her name and tell one special skill or talent or quality she can bring to the circle.
5. That girl then tosses the ball to another girl and so on until everyone has a chance to speak. Ask a Brownie friend or another adult to record what the girls say on a large star you sketched onto poster board or chart paper labeled “Discovering Ourselves”.

Once everyone has had a few turns tossing and catching, wind down by summarizing the qualities and talents the girls bring to their GS Brownie Circle.

Consider ending this activity with a **friendship squeeze**; Ask the girls to silently appreciate the qualities of the girl next to them as they pass along the squeeze. Have everyone hold hands and you start by squeezing the hand of the girl next to you and explain to them that they should gently squeeze the hand of the girl next to them, passing the squeeze around the circle. It ends when the squeeze gets back to you. Don't worry, this will get easier as they do it more often



Jump To Journeys Patch It's Your Planet—Love It! Brownie Wonders of Water Taster Activity

Favorite Water Activities

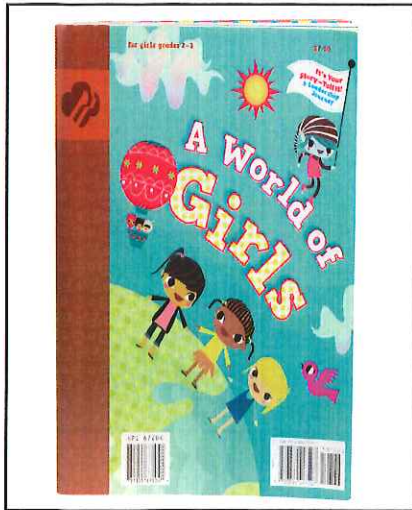
Materials for this activity: markers or crayons, poster board or large piece of butcher paper

This is an opening ceremony that will introduce the Wonders of Water (WOW) Journey to the Brownies.

1. Invite the girls to gather in a circle and ask them to share what their favorite water activity is. You might want to start by naming your favorite water activity, whether it's a slip and slide on your front lawn on a hot summer day or ice skating on a frozen pond or ice rink in the winter. If a girl gets stuck for an answer, encourage her to think of simple, enjoyable uses of water. The Brownies' answers may surprise you- and inspire ideas for activities and field trips all along the WOW Journey.

Starting a Team WOW Map

2. When all of the girls have shared their favorite water activities, invite them to draw or write them on the paper or poster that will be their Team WOW Map.



Jump To Journeys It's Your Story—Tell It! Brownie A World of Girls Taster Activity

Feel the Power of your Tiny Globe!

Materials for this activity: Globe activity sheets (next page), colored pencils, markers, or crayons

Let the girls know that confidence can be like an imaginary little globe they can hold in their hand that will always keep them strong and feeling great about themselves. You might say something like, *Imagine that when you hold this tiny globe in your hand, it's easier to believe in yourself and your ability to do extraordinary things! Your globe is a special symbol of the wide world of girls to which you belong!* Then ask:

- Do you ever think, “I just can’t do it” or “Maybe I shouldn’t even try”? We all think these things sometimes, but this little globe in your hand can be a reminder of all the strength and skills you have inside you!
- Let’s think about what keeps you feeling good and strong (things like your family, your friends, learning about yourself and new people and places, trying new activities, knowing everyone is special in her own way). Now, with pictures or words, let’s each of us put all of the things that make us feel good and strong inside our globes.

Once the girls have filled their globes, ask them to share what keeps them feeling strong. Ask: Do other girls have something in their globes that might keep you strong, too? Put it in your globe! You might say: *Take this globe home and hang it in a special place. Whenever you look at it, remember all the strength and all the skills you have inside you. With these strengths and skills, you can always do extraordinary things—even without a tiny globe in your hand!*

