

Short and Snappy Session



Safety Activity Checkpoints

What happened to the Safety-Wise book? It's been recreated as Safety Activity Checkpoints and Volunteer Essentials. You can download both items from the GSGWM website: <http://www.girlscoutsgwm.org/Volunteers/safety.html> and <http://www.girlscoutsgwm.org/Volunteers/forms.html> under the "For Community" heading. GSUSA has streamlined Safety-Wise's 35 Program Standards into a list of 12 safety guidelines for Girl Scouts. For detailed information see GS Safety Guidelines in Volunteer Essentials.

1. Follow Safety Activity Checkpoints.
2. Arrange for proper adult supervision of girls.
3. Get parent/guardian permission.
4. Report abuse.
5. Be prepared for emergencies.
6. Travel safely.
7. Ensure safe overnight outings.
8. Role-model the right behavior.
9. Create an emotionally safe space..
10. Ensure that no girl is treated differently
11. Promote online safety.
12. Keep girls safe during money-earning activities.

Safety Activity Checkpoints

Each activity checkpoint has in-depth safety guidelines and tips that adult volunteers use for a wide range of activities, ranging from canoeing to surfing to selling cookies. Girls can also use these checkpoints to ready their group for a girl-led activity. If a Safety Activity Checkpoint does not exist for an activity the girls are interested in, check with the Council Program Department (GSLE) before making any definite plans. Each checkpoint includes the following information:

- Basic gear and specialized gear for the activity
- Preparation for the activity: includes adult-to-girl ratios, required certifications of instructors, first-aider requirements and other guidelines for ensuring a safe experience
- Reminders and tips for the day of the activity
- Links to helpful websites
- Know-how for girls: offers games and other fun ways to expand girls' knowledge

Activity:

So let's see how a checkpoint works. Split your community up into groups of 3 to 4 people. Give each group a checkpoint and a safety quiz.

Give each group 5 minutes and a specific question to answer (based on number of groups you may have to give multiple questions).

Did you find all your answers? Does anyone have an answer that surprised them? Does anyone want to share? You can go over the answers if time permits.

What's a Short and Snappy?

- ◇ Short training/information segment provided at a Community Meeting.
- ◇ Any Community Learning Coordinator or interested volunteer may lead a short and snappy.
- ◇ Short and Snappies are 15–20 minutes in length.

What You'll Need for This Snappy:

- ◇ Leaders
- ◇ Moderator
- ◇ Resources needed: Group Camping Safety Activity Checkpoint and Safety quiz
- ◇ 15-20 minutes



Safety Activity Checkpoints Quiz

The following answers can be found in the Group Camping Safety Activity Checkpoint.

1. Can Cadette Girl Scouts ride all-terrain vehicles?
2. My Daisy troop is not allowed to go camping. True False
3. What type of shoes do my Girl Scouts need to wear at camp?
4. Twenty-seven girls from a Junior Girl Scout group are planning to go camping. How many adults are required to accompany them on the trip?
5. In order for a dad to go on the camping trip, what does the troop need to do?
6. The troop leader must sleep in the tent with the girls. True False
7. Do you need a First-Aider to go camping?
8. What is the buddy system?
9. What do you do with your troop's trash if the campsite does not have garbage pick-up service?
10. Should you store your food inside your tent?
11. What is a kaper chart for?
12. What is a mummy bag?

Safety Activity Checkpoints Quiz—Answer Key

The following answers can be found in the Group Camping Safety Activity Checkpoint.

1. Can Cadette Girl Scouts ride all-terrain vehicles?
No, girls are never allowed to ride all-terrain vehicles or motor bikes. (second paragraph)
2. My Daisy troop is not allowed to go camping. True False
False, Daisy troops may participate in an overnight camping experience. (third paragraph)
3. What type of shoes do my Girl Scouts need to wear at camp?
Sturdy shoes, hiking boots, or sneakers—no sandals, clogs, flip flops, or bare feet. (Basic gear section)
4. Twenty-seven girls from a Junior Girl Scout group are planning to go camping. How many adults are required to accompany them on the trip?
Four adults are required for 24 to 32 Junior Girl Scouts. (Arrange for transportation and adult supervision section)
5. In order for a dad to go on the camping trip, what does the troop need to do?
Ensure that the dad has separate sleeping and bathroom facilities. (Ensure the safety of sleeping areas section)
6. The troop leader must sleep in the tent with the girls. True False
False, it is not mandatory that an adult sleep in the tent with the girls. If one does share the tent, there must always be two unrelated females present. (Ensure the safety of sleeping areas section)
7. Do you need a First-Aider to go camping?
Yes, you must have a First-Aider present with current certification in First Aid, including Adult and Child CPR or CPR/AED. (Prepare for emergencies section)
8. What is the buddy system?
Girls are divided into teams of two. Each girl chooses a buddy and is responsible for staying with her buddy at all times. (Use the buddy system section)
9. What do you do with your troop's trash if the campsite does not have garbage pick-up service?
Remove garbage from campsite in plastic bags and discard as appropriate. (Respect the environment and keep campsite clean section)
10. Should you store your food inside your tent?
No, store food well away from tents and out of reach of animals. (Be prepared for primitive camping section)
11. What is a kaper chart for?
Girls can divvy up duties with a kaper chart. (Know-How for Girls section)
12. What is a mummy bag?
A sleeping bag that is tapered at the ends to reduce air space and to conserve heat (Jargon section)