



Girl and Adult Health History Record

Confidential

Name: _____ Date of Birth: _____ Age: _____

Full Address: _____ Phone: _____

Girl is in the custody of: Mother Only Father Only Both Parents Other _____

Parent/Guardian Name: _____ Day Phone: _____

Address (if different than girl): _____ Work Phone: _____

Email Address: _____ Cell Phone: _____

Additional Emergency Contact (individual to act on behalf of person named on Line 1):

Name: _____ Relationship: _____

Daytime Phone: _____ Evening Phone: _____

Physician: _____ Physician's Phone: _____

Medical/Hospital Insurance Carrier: _____ Policy/Group #: _____

Date of last health exam _____ List any medical problems noted _____

Date of last tetanus shot _____

Is participant currently under physician's or psychologist's care? yes no Issue: _____

Special accommodations needed: _____

Allergies (please attach additional sheet if needed):

Item: _____ Reaction: _____ Life threatening: YES NO Next Step: _____

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Item: _____ Reaction: _____ Life threatening: YES NO Next Step: _____

I _____ (initial) confirm that my child has the knowledge and skills to safely possess and use Epinephrine Auto-Injector.

Has the participant had (if you check any of the items below, please explain. Use additional paper as needed):

a serious injury requiring medical attention?

an illness lasting more than 5 days?

any prescribed or over-the-counter meds?

any restriction concerning physical activities?

a surgical operation or fracture?

any exposure to a contagious disease?

treatment in hospital or emergency room?

other (specify): _____

Illnesses (Chronic or Recurring) & Injuries (check those that apply and give dates of last incident):

Ear infection _____

Asthma _____

Seizures _____

Bleeding/clotting disorders _____

Heart defect/disease _____

Diabetes _____

Hypertension _____

Musculoskeletal Disorders _____

Others (specify) _____

I _____ (initial) confirm that my child has the knowledge and skills to safely possess and use asthma inhaler.

Other Health Conditions (check those that apply, explain any checked items)

Bed wetting

Sleep disturbances

Special dietary regimen

Mental health

Nosebleeds

Menstrual cramps

Wears glasses/contact lenses

Motion sickness

Constipation

Fainting

Sickle cell trait or immune disease

Hearing impairment

Additional Information: _____

This health history is complete and accurate. I know of no reason(s) why my daughter/I should not participate in activities except as noted. I understand that if the health condition or health insurance information should change, I will notify her Girl Scout leader. In the event I cannot be reached in an emergency, I hereby give permission to the physician indicated above or medical personnel to secure and administer treatment, including hospitalization for my daughter/myself.

Signature of Parent/Guardian: _____ Date: _____
or Adult named on Line 1