

girl scouts 
of the green and
white mountains

THEY ARE YOUR RIGHTS, USE THEM

PATCH PROGRAM



Girl Scouts of the Green and White Mountains

They Are Your Rights- Use Them

A Silver Award Project by Eleanor Gorman

Daisies: Discuss

What are rights?

What are some rights that you believe everyone should have?

Michelle Obama once said "There is no limit to what we, as women, can accomplish." What do you think this quote means?

Daisies: Discover

Pick one of the following categories:

- a. Suffrage/Voting
- b. Jobs and Equal Pay
- c. Government
- d. Sports
- e. Science and Math

Daisies: Learn

The next step is to learn about the topic you chose and women who made a difference in this area. This can be either someone who earned the right or someone who continues to use it and make a difference. Your entire troop will learn about the same woman. You may want to use these options to get you started.

- a. Reading, check the slide on books for specifics
- b. Field Trip, see the slide on places to visit for specifics
- c. Videos and Websites, see the slide for online resources
- d. Ask an expert, like a historian or teacher, come in to teach you about the topic

Daisies: Reflect

Have your Daisies color in the outline of the girl with the person they learned about. Make sure the drawing includes information about the woman and what she did. For example, if you did Serena Williams, draw a tennis ball or racquet (For Outline go to slide 41).

Then, ask the Daisies what they learned.

Who was the woman?

How did she improve rights for woman?

How do you think the expectations this woman changed affected you?

Daisies: Take Action!

You have learned so much about the *History of Women's Rights!* Now it is time to take action. Make it related to the topic you learned about. Need ideas?

- Donate books about the women you learned about to your school library
- Make a play and show it to another troop

Brownies: Discuss

What are rights?

What are some rights that everyone should have?

Have women always had the same rights that they have today?

Hillary Clinton once said "Human rights are Women's rights and Women's rights are Human Rights" What do you think this quote means?

Brownies: Discover

Pick one of the following categories:

- a. Suffrage/Voting
- b. Jobs and Equal Pay
- c. Government
- d. Sports
- e. Science and Math

Brownies: Learn

The next step is to learn about the topic you chose and women who made a difference in this area. This can be either someone who earned the right or someone who continues to use it and make a difference. Each girl should learn about a different woman. You may want to use these options to get you started.

- a. Reading, check the slide on books for specifics
- b. Field Trip, see the slide on places to visit for specifics
- c. Videos and Websites, see the slide for online resources
- d. Ask an expert, like a historian or teacher, come in to teach you about the topic

Brownies: Reflect

Show what you learned throughout the patch! Draw a picture of the women you learned about (or just color the outline of the women on slide 41 if that's easier). Share the drawing with your fellow Brownies and tell them about the woman you learned about.

Reflection questions:

How have women gained rights?

How did the women you learned about help with this or continue to advocate for it?

Do you think the women had an important impact on girls and their rights?

Brownies: Take Action!

You have learned so much about the History of Women's Rights. Now it is time to take action! How do you want to teach people? Need ideas for a take action project?

- Donate books about the women you learned about to your school library
- Make a play and show it to another troop

Juniors: Discuss

What are rights?

What are some rights that everyone should have?

Have women always had the same rights they have today?

"A women with a voice is, by definition, a strong women."-Melinda French Gates. What do you think this quote means?

Juniors: Discover

Pick one of the following categories:

- a. Suffrage/Voting
- b. Jobs and Equal Pay
- c. Government
- d. Sports
- e. Science and Math

Juniors: Learn

The next step is to learn about the topic you chose and women who made a difference in this area. This can be either someone who earned the right or someone who continues to use it and make a difference. Each girl should learn about a different woman. You may want to use these options to get you started.

- a. Reading, check the slide on books for specifics
- b. Field Trip, see the slide on places to visit for specifics
- c. Videos and Websites, see the slide for online resources
- d. Ask an expert, like a historian or teacher, come in to teach you about the topic

Juniors: Reflect

Have the Juniors share about the woman they learned about with their troop. This could happen in a few ways:

- Have them portray and act out the women they learned about
- Have them draw a picture of the women and write a sentence or two about her. Collect the pages into a book which you can read to the troop

Juniors: Take Action!

Throughout this patch you have learned so much! Now it is time to Take Action. Here are some ideas to get you started (but feel free to do some of your own!):

- Create posters about the women you learned about and what you learned about them and hang them up at your school or a local library
- Create a book about women's rights (it could be the one you created in the step before if you chose that option), read it to a younger troop or donate it to a classroom or library
- Make a play for a younger group of *Girl Scouts* and present it to them.

Cadettes: Discuss

What are rights and what rights should everyone have?

How have women gained rights throughout the years?

What are some rights that women still are fighting for?

Susan B. Anthony said "Men, their rights, and nothing more; Women, their rights, and nothing less." What do you think this quote means?

Cadettes: Discover

Pick one of the following categories:

- a. Suffrage/Voting
- b. Jobs and Equal Pay
- c. Government
- d. Sports
- e. Science and Math

Cadettes: Learn

The next step is to learn about the topic you chose and women who made a difference in this area. This can be either someone who earned the right or someone who continues to use it and make a difference. Each girl should learn about a different woman. You may want to use these options to get you started.

- a. Reading, check the slide on books for specifics
- b. Field Trip, see the slide on places to visit for specifics
- c. Videos, Websites, and Movies, see the slide for online resources
- d. Ask an expert, like a historian or teacher, come in to teach you about the topic

Cadettes: Expand

Pick Option a or b

- a. Is the right you learned about being still being fought for in the US or internationally? If yes, how? The reading, expert, and video options from the step before also have information on this.
- b. The United Nations has universal laws about basic Human Rights. Many countries, including the United States have agreed to these laws. How are one or more of the rights related to the topic you are learning about? Here's the list of rights:

<https://www.un.org/en/about-us/universal-declaration-of-human-rights>

Cadettes: Reflect

Now it is time to reflect on what you learned about Women's Rights and the women you learned about. Here are some ideas:

- Create a play about the women you learned about and have each girl in the troop present their part to each other.
- Make a comic book about the women you learned about or about how the rights women gained are used.
- Draw a picture of the women and write a paragraph on her. Then collect the papers into a book.
- Discuss the things you learned in a talking circle.

Cadettes: Take Action!

You have learned so much about Women's Rights throughout this patch and now it is time to Take Action! Here are some ideas:

- Create a Women's Empowerment Club at your school
- If you made a book or comic book as part of the last step, donate a copy of it to a local library or school and read it to the kids.

Seniors and Ambassadors: Discuss

What are rights and what are some rights everyone should have?

What are some rights that women have earned over the years?

Are there rights, either in the US or in other countries, that women still don't have?

Maya Angelou said "Each time a woman stands up for herself, without knowing it's possible, without claiming it, she stands up for all women." What do you think this quote means and in what way does it impact you?

Seniors and Ambassadors: Discover

Pick one of the following categories:

- a. Suffrage/Voting
- b. Jobs and Equal Pay
- c. Government
- d. Sports
- e. Science and Math

Seniors and Ambassadors: Learn

The next step is to learn about the topic you chose and women who made a difference in this area. This can be either someone who earned the right or someone who continues to use it and make a difference. Each girl should learn about a different woman. You may want to use these options to get you started.

- a. Reading, check the slide on books for specifics
- b. Field Trip, see the slide on places to visit for specifics
- c. Videos, Websites, and Movies, see the slide for online resources
- d. Ask an expert, like a historian or teacher, come in to teach you about the topic

Seniors and Ambassadors: Expand

Choose option a, b, or c.

- a. Is the right you learned about being still being fought for in the US or internationally? If yes, how?
- b. You may be thinking about what job you'd like to do as an adult. Did women have to fight for the right to be able to do that job? If yes, why or how?
- c. The United Nations created universal laws about Human Rights that many countries, including the United States, agreed to. Explore these rights and how they relate to the topic you're learning about. List of rights: <https://www.un.org/en/about-us/universal-declaration-of-human-rights>

Seniors and Ambassadors: Reflect

You have learned so much about Women's Rights, share with your troop (and yourself!) what you have learned. Here are some ideas.

- Have a talking circle. Take turns answering questions and listening to people's ideas about the women they learned about, the rights topic they learned about, any women's rights that women are still trying to gain, or job opportunities not yet open to women.

Seniors and Ambassadors: Take Action!

After all the steps you have taken, it is now time to take action. Is there a right women don't have that is bothering you? Do you feel that you need to educate others on the History of Women's Rights? Here are some ideas:

- It there a bill related to expanding or restricting women's rights? Stand up for others and voice your opinion.
- Create a presentation about women's rights and share it with younger girls or people at your school.
- Donate books about Women's rights to a local library or school.

Books for Daisies

All Categories	<i>Shaking Things Up: 14 Young Women Who Changed the World</i> by Susan Hood
All Categories	<i>Good Night Stories for Rebel Girls</i> and <i>Good Night Stories for Rebel Girls 2</i> by Elena Favilli and Francesca Cavallo
All Categories	<i>Good Night Stories for Rebel Girls: 100 Immigrant Women Who Changed the World</i> by Elena Favilli
All Categories	<i>What is the Women's Rights Movement?</i> By Deborah Hopkinson

Online Resources for Daisies

All Categories	The National Women's Hall of Fame	https://www.womenofthehall.org/women-of-the-hall/
Suffrage/Voting	Women's Right To Vote	https://www.youtube.com/watch?v=d-RR8cvvnMo
Sports	How Title IX (Nine) Changed Sports	https://www.youtube.com/watch?v=KymR6N1HT88

Books for Brownies

All Categories	<i>Good Night Stories for Rebel Girls, Good Night Stories for Rebel Girls 2, and by Elena Favilli and Francesca Cavallo</i>
All Categories	<i>Good Night Stories for Rebel Girls: 100 Immigrant Women Who Changed the World by Elena Favilli</i>
All Categories	<i>What is the Women's Rights Movement? By Deborah Hopkinson</i>
Science and Math	<i>A Computer Called Katherine by Suzanne Slade</i>

Online Resources for Brownies

All Categories	The National Women's Hall of Fame	https://www.womenofthehall.org/women-of-the-hall/
Suffrage/Voting	Women's Right To Vote	https://www.youtube.com/watch?v=d-RR8cvvnMo
Sports	How Title IX (Nine) Changed Sports	https://www.youtube.com/watch?v=KymR6N1HT88

Books for Juniors

All Categories	What is the Women's Rights Movement? By Deborah Hopkinson
Jobs and Equal Pay	Madame C.J. Walker Builds a Business by Elena Favilli and Francesca Cavallo
Government	Revolutionary Mary by Karen Blumenthal and Jen McCartney
Sports	Junko Tabei Conquers the Mountain by Elena Favilli and Francesca Cavallo
Science and Math	A Computer Called Katherine by Suzanne Slade

Online Resources for Juniors

All Categories	The National Women's Hall of Fame	https://www.womenofthehall.org/women-of-the-hall/
Suffrage/Voting	Women's Right To Vote	https://www.youtube.com/watch?v=d-RR8cvvnMo
Job and Equal Pay	The Strike of the Mill Girls	https://www.dover.nh.gov/government/city-operations/library/research-learn/history/strike-of-the-mill-girls/
Sports	How Title IX (Nine) Changed Sports	https://www.youtube.com/watch?v=KymR6N1HT88

Books for Cadettes

Suffrage and Voting Rights	The Making of America: Susan B. Anthony by Teri Kanefield
Jobs and Equal Pay	Fannie Never Flinched: One Woman's Courage in the Struggle for American Labor Union Rights by Mary Cronk Farrell
Government	Women in Congress: 14 Political Pioneers to Introduce to Kids by Ilene Cooper
Sports	Women in Sports: 50 Fearless Athletes Who Played to Win by Rachel Ignatofsky
Science and Math	Reaching for the Moon by Katherine Johnson

Online Resources for Cadettes

All Categories	The National Women's Hall of Fame	https://www.womenofthehall.org/women-of-the-hall/
Suffrage/Voting	She Resisted: Strategies of Women's Suffrage	https://www.pbs.org/wgbh/americanexperience/interactives/she-resisted/sb/introduction/1
Job and Equal Pay	The Strike of the Mill Girls	https://www.dover.nh.gov/government/city-operations/library/research-learn/history/strike-of-the-mill-girls/
Science and Math	Hidden Figures	Movie

Books for Senior and Ambassadors

Suffrage/Voting	The Making of America: Susan B. Anthony by Teri Kanefield:
Jobs and Equal Pay	Radium Girls (adapted for younger readers) by Kate Moore
Government	The Firsts : The Inside Story of the Women Reshaping Congress by Jennifer Steinhauer
Sports	Women in Sports: 50 Fearless Athletes Who Played to Win by Rachel Ignatofsky
Science and Math	Reaching for the Moon by Katherine Johnson

Online Resources for Ambassadors and Seniors

All Categories	The National Women's Hall of Fame	https://www.womenofthehall.org/women-of-the-hall/
Suffrage/Voting	She Resisted: Strategies of Women's Suffrage:	https://www.pbs.org/wgbh/americanexperience/interactives/she-resisted/sb/introduction/1
Job and Equal Pay	The Strike of the Mill Girls:	https://www.dover.nh.gov/government/city-operations/library/research-learn/history/strike-of-the-mill-girls/
Science and Math	Hidden Figures	Movie

Places to Visit: New Hampshire and Vermont

- The Cocheco Mills, Dover NH: These are the site of the first Mill Girl Strikes and the very first job strikes in the United States. While you are not allowed to enter them, you can drive by and see them.
- University of New Hampshire, Durham, NH: The college has a plaque about a citizenship school they had to teach women about the responsibilities of voting just before a few years before the 19th amendment was ratified.
- McAuliffe-Shepard Discovery Center, Concord, NH: A museum featuring an exhibit on Christa McAuliffe, a woman astronaut and teacher.
- Vermont State House, Montpelier, Vermont: Learn about how government works.
- New Hampshire State House, Concord, New Hampshire: Learn how government works.

Places to Visit: Massachusetts

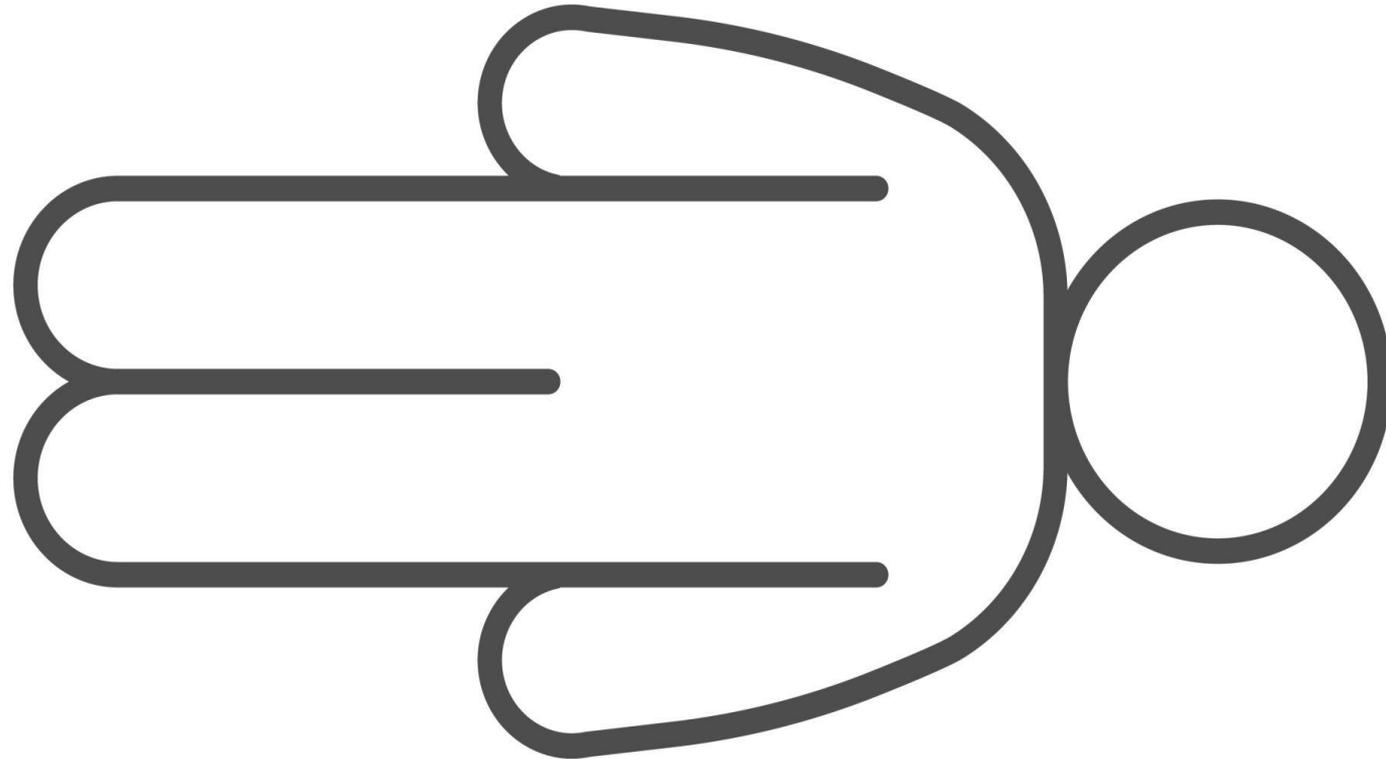
- Lowell National Historic Park, Lowell, Massachusetts: One of the most well known Women's Work Rights Protests occurred at the Mills in Lowell, which are now museums.
- Naismith Basketball Hall of Fame, Springfield, Massachusetts: A Hall of Fame which features women basketball players.
- Museum of Science, Cambridge, Massachusetts: They have a exhibit called "Faces of Science: Ambassadors for Equality" that features women in STEM.

Places to Visit: Around and Near New England

- *Women's Rights Historical Park, Seneca Falls, New York: The location of the Seneca Falls Convention, which began the suffrage movement and the Elizabeth Cady Stanton House, the home of a suffragist.*
- *The Susan B. Anthony House, Rochester, New York: A museum in the home of suffragist Susan B. Anthony*
- *International Tennis Hall of Fame, Newport, Rhode Island: A Hall of Fame which features women tennis players*

Girl Outline for Daisies and Brownies

(Source: Turac Novruzova / Getty Images)



THEY ARE YOUR RIGHTS, USE THEM

*Troop Age Level(s): **Daisy**__**Brownie**__**Junior**__**Cadette**__**Senior**__**Ambassador**__

*Please write the number of girls per level

Troop Leader: _____

Street: _____ City: _____ State: _____ Zip Code: _____

Day Phone #: _____ Night Phone: _____ Cell: _____

1. Which activities did your troop enjoy the most?
2. In what ways did the girls give service in relation to this patch?
3. What activities did your troop complete?
4. Did you change or adapt any activities? In what way?
5. Would you suggest any changes?
6. Comments:

THEY ARE YOUR RIGHTS, USE THEM

Please return your They Are Your Rights, Use Them patch order form AND evaluation forms together!

Troop Age Level(s): Daisy _____ Brownie _____ Junior _____
 Cadette _____ Senior _____ Ambassador _____

Troop Leader: _____

Street: _____ City: _____ State: _____ Zip Code: _____

Day Phone #: _____ Night Phone: _____ Cell: _____

_____ # of patches @ **\$5.00 each:** \$ _____

*Shipping/handling: \$ _____

Total enclosed: \$ _____

VISA and MasterCard are also accepted.

Please charge my (circle one): **VISA** or **MasterCard**

Card #: _____ Expiration Date: _____ / _____ CVC _____

Signature: _____

(A signature is required on all Credit Card orders)

*For shipping and handling rates, please go to www.girlscoutsgwm.org/shop#shipping.

If you have any questions, please contact Customer Care at 1-888-474-9686. You may also email Customer Care at customercare@girlscoutsgwm.org.

Please mail this order form **AND** your evaluation to:

**The Mountain Top Shop
Girl Scouts of the Green and White Mountains
1 Commerce Drive
Bedford, NH 03110**