



GS Backpack

September 2025

Girl Scouts—where friendship grows

It's a whole new Girl Scout year! Whether you're just starting your Girl Scout experience or you're leveling up this year, there is so much to look forward to – fun, friends, adventure, exploration! Your family is part of the journey, too – everyone is invited to participate in troop activities, attend The Expo October 4, learn about mental wellness at our Mental Health Summit November 22, and explore future careers at FutureFest next spring. We're excited about the coming Girl Scout Cookie season with our new Exploremores cookie leading the way.

What are you looking forward to this year? Your troop may be planning a local field trip or special adventure and funding it through cookie sales. You may be working toward your Bronze, Silver, or Gold Award, eager to make a difference in the world. Maybe you just love getting together with your Girl Scout friends, where you know you are accepted for who you are. Let's have a great year! Girl Scouts is where we grow!



Participants of The Expo 2024 enjoy various hands-on activities. Details for The Expo 2025 on reverse.



We are so proud of you!

Each letter in the phrase below has been replaced with a random symbol. Try to decode the message.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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Troop Spotlight

Have photos to share of the fun your troop is having?

Send photos with a description to Customer Care at customer care@girlscoutsgwm.org. Be sure to put Troop Spotlight in the subject line.



Troop 62222 of Merrimack, NH, donated two playground communication banners to local schools using their cookie proceeds.



Brownies of the St. Albans, VT Troop 30456 took a trip to the Montshire Museum to complete their bug badge!



Daisy Troop 65830 in Atkinson, NH, visited their local fire department, getting a tour, climbing inside fire trucks and ambulances.

Upcoming programs

Magical Baking

Daisy-Ambassador | Virtual

Pumpkin Cream Cheese Muffins

October 8, 6:00-7:30 p.m.

Ginger Cookies

November 12, 6:00-7:30 p.m.

Explore the magic of baking as you bake along with us at home.

Price: \$10 per girl.

Register by October 1 for October 8, and by November 5 for November 12.

Magical Baking LIVE

Daisy-Brownie | Portsmouth, NH

November 15, 11:00 a.m.-2:00 p.m.

Junior-Ambassador | Portsmouth, NH

November 15, 3:00-6:00 p.m.

Meet Mrs. B., creator and host of Virtual Magical Baking, and enjoy making three special treats.

Price: \$30 per girl. Register by November 2.

Girl Scout Awards Webinar

Junior-Ambassador | Virtual

October 9, 6:00-7:30 p.m.

November 13, 6:00-7:30 p.m.

Learn about all our Girl Scout awards.

Price: Free.

Register by October 2 for October 9 and by November 6 for November 13.



Teddy & Me Overnight

Brownie-Junior | Thetford, VT

October 10, 6:00 p.m.-October 11, 11:00 a.m.

Join us for some sleepover fun! Build and dress our new teddy friends in pajamas. Then, get cozy and watch a movie before heading to bed. In the morning, we will have a pancake breakfast and teddy bear tea party!

Price: \$12 per girl. Register by September 28.

Fall Journey Series

Daisy-Junior | Virtual

October 14, 6:00 p.m.-December 2, 6:00 p.m.

Daisies, earn your 5 Flowers, 4 Stories, 3 Cheers for Animals Journey; Brownies, earn your WOW! Wonders of Water Journey; and Juniors, earn your Think Like a Citizen Scientist Journey as you complete these self-paced online programs.

Price: \$15 per girl. Register by October 7.

Think Like an Engineer Fall Journey Series

Cadette-Ambassador | Virtual

October 16, 6:00 p.m.-December 4, 6:00 p.m.

Earn your Think Like an Engineer Journey through this self-paced online program. Use your imagination to solve problems as you invent and build things that can be used in the real world.

Price: \$15 per girl. Register by October 9.



gsEvents

Visit our website for a complete calendar of events updated weekly.

Questions? Contact Customer Care at customer care@girlscoutsgwm.org or 888-474-9686.



At the Try New Things weekend, Girl Scouts worked on badges and had a camp carnival.



Troop 64935 of Holderness, NH, visited the NH Humane Society in Laconia to work on their Pet Badge.

Coding for Good

Junior-Cadette | Virtual

1: Coding Basics

Cadette | October 15, 7:00-8:30 p.m.

Junior | November 7, 7:00-8:30 p.m.

2: Digital Game Design

Cadette | October 22, 7:00-8:30 p.m.

Junior | November 14, 7:00-8:30 p.m.

3: App Development

Cadette | October 29, 7:00-8:30 p.m.

Junior | November 21, 7:00-8:30 p.m.

Learn how to code algorithms, loops, and events in Scratch to create animations, create an interactive video games, and explore the world of apps!

Price: \$5 per girl.

Register by Oct 9 for Oct 15, by Oct 16 for Oct 22, by Oct 23 for Oct 29, by Oct 30 for Nov 7, by Nov 6 for Nov 14, and by Nov 13 for Nov 21.

3D Wood Signs

Daisy-Cadette | Bedford, NH

October 18, 2:00-3:30 p.m.

Come learn from a professional artist how to create a 3D Wood Ghost sign for Halloween.

Price: \$35 per girl. Register by October 2.

Council and Destinations Travel Information Meeting

Cadette-Ambassador | Bedford, NH

October 21, 7:00-8:00 p.m.

Learn more about travel opportunities available to you!

Price: Free. Register by October 16.

Horses 101

Brownie-Cadette | Surry, NH

October 25, 10:00 a.m.-1:00 p.m.

Learn how to approach horses, appropriate touching, safe distances, barn and horse safety, barn chores, paddock clean up, and have a scavenger hunt.

Price: \$30 per girl. Register by October 9.

Backcountry Survival Program

Junior-Cadette | Keene, NH

October 26, 10:00 a.m.-12:30 p.m.

Learn how to start to plan your adventure, get your body and your teamwork skills ready, create your menu, and gain some trailblazing know-how!

Price: \$14 per girl, \$7 per adult. Register by October 9.

Child and Babysitting Safety Course

Cadette | Bedford, NH

October 26, 6:00-8:00 p.m.

Learn basic safety, , diapering procedures, providing emergency care, basic first aid and much more!

Price: \$43 per girl. Register by October 9.

Introductory Karate Class

Brownie-Junior | Bedford, NH

November 1, 2:00-3:00 p.m.

Get introduced to the fundamentals of karate, including basic punches, kicks, and self-defense techniques.

Price: \$5 per girl. Register by October 16.

My Dream Budget Badge Workshop

Cadette | Rochester, NH

November 8, 10:00-11:30 a.m.

Create a real-life budget based on your dream job. Learn how to make smart money choices and earn your My Dream Budget badge.

Price: \$5 per girl. Register by October 23.

Junior Maestros

November 11, 9:15-10:45 a.m. | Manchester, NH

November 11, 1:15-2:45 p.m. | Virtual

Take a musical journey and explore instruments, try your hand at composition, and take the stage. Earn your Musician badge.

Price: \$25 per girl. Register by October 30.

Find Your Voice

Cadette | November 11

11:00 a.m.-12:30 p.m. | Manchester, NH

3:00-4:30 p.m. | Virtual

Build your confidence, learn to control your breath, use empowering body language, and other skills to captivate your audience. Earn your Public Speaker badge.

Price: \$25 per girl. Register by October 30.

Toasty Turkeys

Brownie-Junior | Richmond, VT

November 15, 12:00-3:00 p.m.

Bring your families and friends for an afternoon of toasty turkey fun! We'll have a roaring fire for s'mores while we make turkey crafts, learn a turkey song, and decorate a turkey snack.

Price: \$10 per girl, \$5 per adult. Register by November 2.

A Look at the Night Sky

Brownie-Junior | Richmond, VT

November 15, 4:00-7:00 p.m.

Explore the night sky with your Girl Scout sisters. Discover the stars through telescopes, look for constellations, learn how to identify planets and more.

Price: \$22 per girl. Register by October 30.



Brownie-Ambassador | Manchester, NH
November 22, 9:00 a.m.-3:30 p.m.

This engaging and supportive event empowers youth and adults to explore mental wellness through a series of fun, age-appropriate, hands-on workshops. Participants will work towards mental health patch for their age level.

Price: \$5 per person. Register by October 31.



Morrisville EMS donated their time to help Troop 61654 of Wolcott, VT, earn their First Aid badges and Safety Awards.



Merrimack, NH, Troop 62031 put a \$200 Take Action grant toward buying a new trash can for Veterans Park.



Brownie Troop 63738 worked on their World of Girls Journey and built a little library in Sheldon, VT.



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September 2025

Special DIY Issue
full of puzzles and
coloring.

Checkout the
foldout poster you
can make your own!

girlscouts 
of the green and
white mountains

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GSGWM
1 Commerce Drive
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888-474-9686
customer@girlscoutsgwm.org
www.girlscoutsgwm.org



 **gsgwm**

20 The 25 Expo

brought to you by Girl Scouts

October 4, 2025

10:00 a.m.-4:00 p.m.

NH Sportsplex, Bedford, NH



**Over 75 family-oriented exhibits
with hands-on activities!**

Investigate new technology in our STEM Zone, fire an arrow at a target, meet a superhero, and so much more! Bring your friends and whole family!

Visit www.girlscoutsgwm.org/theexpo for event information and to buy tickets - just \$10 per person.

**Open to
the public!**



FutureFest

**What do you want to be
when you grow up?**

Girl Scouts of all ages will have the opportunity to learn about the possibilities at our very first FutureFest!

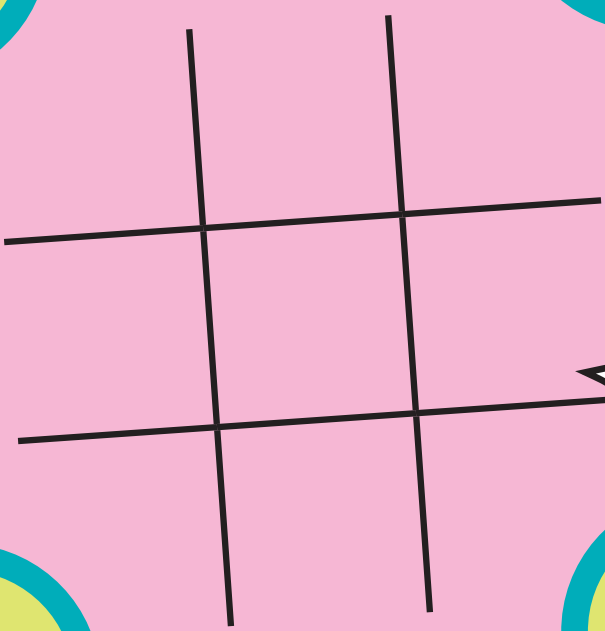
You'll be able to explore engaging workshops based on your age level and talk to inspiring women from a variety of career fields. Dig in with hands-on activities and opportunities to ask questions.

 **gsgwm**

**May 30, 2026 • 9:00 a.m.-12:30 p.m.
St. Michael's College, Colchester, VT**

Where Friendship Grows

Tic Tac Toe



Girl Scout Word Search

D K Y C M I D Y U S T G R X L
I A U H X H C U R I O S I T Y
S D E X P L O R E A U M H X Z
C V P O S S I B I L I T I E S
O E A Q J V H Y C R Z A K C T
V N W P C O N F I D E N C E T
E T P B F G Y Q C F L H A F H
R U I K J Y V F C J C E S T J
I R H C O M M U N I T Y A O E
Y E M J Y J W N U R T T G D B

confidence possibilities curiosity lead fun
community adventure explore joy discover

girl scouts
of the green and
white mountains