



# GS Backpack

May 2024

## Sailing into summer fun!

As you finish this troop year, Your Year of Fun is just around the corner! We have lots of summer activities to do, and some of you are bridging into your next level of Girl Scouting. Daisies bridge to Brownies, trying new things and finding their true selves. Brownies “fly up” to Juniors, building their sense of independence, finding their voices, planning their own outdoor adventures with their troop and flexing their leadership skills. New Cadettes, Seniors, and Ambassadors are using their voices and participating in exciting leadership opportunities. And for those incredible Ambassadors who are bridging to adult status, the world is opening to all kinds of adventures. We can’t wait to see what you do next!

Some troops will mark the transition with special bridging ceremonies at the end or the beginning of the troop year. Show us how you are celebrating these milestones. We are so proud of your progress!

Even if your troop is taking the summer off, there are plenty of ways to participate in Girl Scout summer fun. By now many Girl Scouts are looking forward to a week or more at Girl Scout summer camp at one of our day camps or full immersion at Camp Farnsworth overnight camp. Both families and troops are invited to take part in our special camp weekends, so don’t wait to get your spot.

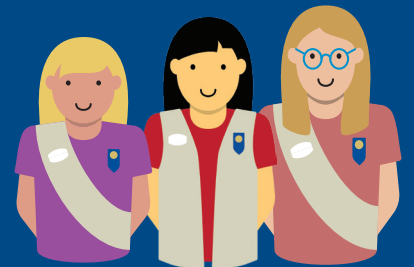
We encourage you to make the most of the season and get involved in the Get Outdoors More Challenge, which runs through June 15; help plant trees for the Girl Scout Tree Promise; or explore your local parks with Girl Scouts Love State Parks. Join your sister Girl Scouts for a baseball game with Play Ball! events at the Vermont Lake Monsters, the New Hampshire Fisher Cats, or the Nashua Silver Knights. Or sign up for a special outdoor activity, like the Clark’s Wilderness Explorer program, Forest Friends, Hatchet Throwing, or Archery!

You worked hard this cookie season and now you get to use your cookie proceeds to celebrate this troop year. Whether it’s a pizza and movie night, an overnight at a museum, or a big trip, you can look back on a great Girl Scout year with good friends and a sense of accomplishment.



## Don't forget your Girl Scout friends!

Summer routines can feel different, but it is always a great time to stay connected with your Girl Scout sisters; play a game, look at the clouds, enjoy a picnic, or just hang out!



girl scouts   
of the green and  
white mountains

## Camp Open Houses

Daisy-Ambassador | Price: Free

Bring your family and explore camp; try some activities, ask questions about summer programs! Bring a picnic lunch to enjoy!

### Camp Seawood Portsmouth, NH

June 1, 12:00 p.m.-2:00 p.m.  
Register by May 25

### Camp Kettleford Bedford, NH

June 2, 10:00 a.m.-12:00 p.m.  
Register by May 26

### Camp Twin Hills Richmond, VT

June 8, 12:00 p.m.-2:00 p.m.  
Register by June 1

### Camp Farnsworth Thetford, VT

June 9, 12:00 p.m.- 2:00 p.m.  
Register by June 2



## Family Camping

### Forest Friends

Camp Seawood | Portsmouth, NH  
July 13, 10:00 a.m.-2:00 p.m.

Camp Twin Hills | Richmond, VT  
July 27, 10:00 a.m.-2:00 p.m.

Camp Kettleford | Bedford, NH  
Saturday, August 10, 10:00 a.m.-2:00 p.m.

Understand the basics of Leave No Trace and make a nature guide and observe different sights and sounds in the forest including all the animals that live there. We'll even provide lunch!

Price: \$30 per girl, \$15 per adult

### Wizarding University

Camp Kettleford | Bedford, NH  
July 20-Sunday, July 21

Create wands and learn spells, make potions and so much more! In addition to themed games and activities, enjoy camp activities including archery, boating, singing, and swimming.

Price: \$135 per family

### The Mystery of the Missing Spoons

Camp Farnsworth | Thetford, VT  
June 28, 6:00 p.m.-June 30, 11:00 a.m.

You can't have an ice cream party without spoons! Earn clues by completing challenges in each program area, then race against the other families to find them.

Price: \$215 for platform tent, \$240 for cabin, per family (6 people living in the same household)

## Troop Camping

### Around the World

Camp Farnsworth | Thetford, VT  
July 5, 6:00 p.m.-July 7, 11:00 a.m.

Spend the day trying all the activities camp has to offer, then embark on a journey around the world at our international fair. Learn where our international staff come from as they share traditional food, crafts, dances, songs, and games from their home countries.

Price: \$85 for platform tent, \$95 for a cabin, per person (troops stay together)

### Camp Chaos

Camp Seawood | Portsmouth, NH  
July 27-Sunday, July 28

Camp Kettleford | Bedford, NH  
August 3-Sunday, August 4

Troops will live in their Adirondack and make their own meals over the campfire, while spending the day enjoying camp staff led activities. All troops will come together to play an all-camp game of chaos!

Price: \$25 per person

## Join us at Camp!



Visit [www.girlscoutsgwm.org/camp](http://www.girlscoutsgwm.org/camp) for more information and to register.

## Troop Spotlight



Troop 51726 of Manchester Center, VT, recycled cookie boxes to collect solar eclipse glasses to be reused! They mailed the gently used glasses to Eclipse Glasses USA, who will distribute them to children in South America, where the next eclipse will occur.

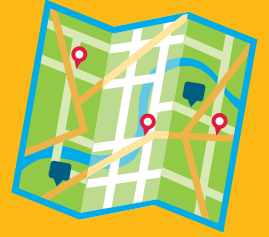


Troop 10427 of Raymond, NH, worked on their Craft and Tinker badge. They made snow globes out of baby food jars, a travel game, then sewed a pouch to carry the game, made a piece of upcycled jewelry, and then completed a craft-and-tinker vocabulary word search.



Troop 30121 participated in a barn tour of a local dairy farm, Sweet Farm in Fletcher, VT, to learn the importance of farming and how the milk they drink gets from local farms to their refrigerators.

# Travel Opportunities



## Cadette Roundup at Rockinghorse Ranch – Highland, NY

Cadette  
October 25, 2024, 11:00 a.m.-October 27, 2024, 12:00 p.m.

Spend a weekend with other Girl Scouts at Rocking Horse Ranch in New York and enjoy all the Halloween festivities they have planned! Your weekend includes two overnight accommodations, daily meals except lunch day of travel, all activities and nightly entertainment. Choice of activities include: the Big Splash Indoor Water Park, Silverado Saloon, Lucky Horseshoe Arcade with Mini Bowling, Laser Tag, Fitness Center, Spa, and so much more!



Total Fee: \$675, Registration deadline: June 13, 2024

## Iceland: Glaciers and Geysers

Senior-Ambassador  
July 16-22, 2025

Join us on this epic adventure to Iceland with EF Tours! Take advantage of round-the-clock daylight during the summer in this otherworldly place of dramatic beauty. Revel in the geothermal wonders of Iceland—Blue Lagoon hot springs, volcanic craters and subarctic fauna.



Participants must register with EF Tours and pay a Council Service fee to hold their spot in the tour.

## Do you need to renew your membership?

You and your troop – dreaming up adventures. Making the whole world sparkle with your own personal brand of magic. This is just the beginning of forever friendship and a lifetime of fun.

This is the perfect time to turn off the pressure to be perfect and tune in to what makes each of us shine in our own way. That's what being a Girl Scout is all about.

It might seem like a small thing, but flipping that switch is what gives Girl Scouts the confidence to support each other as they try new things, make lifelong friends, and discover what truly brings them joy.

Looking forward, it's also this foundation that keeps each Girl Scout's sense of self strong at times when most girls' confidence takes a hit.

**Keep this powerful support and strength going!**



**Renew your Girl Scout membership today.**



# 20 The 24 Expo



*brought to you by Girl Scouts*

## October 5, 2024

10:00 a.m.-4:00 p.m.  
NH Sportsplex, Bedford, NH



**Over 75 family-oriented exhibits with hands-on activities!**

See an amazing magic show, investigate new technology in our STEM Zone, fire an arrow at a target, meet a superhero, and so much more! Bring your friends and whole family!

Visit [www.girlscoutsgwm.org/theexpo](http://www.girlscoutsgwm.org/theexpo) for event information and to buy tickets - just \$10 per person.

**Open to the public!**



**Girl Scout  
Tree Promise™**  
Program Toolkit

We know you want to make  
the world a better place!



What better way than to help with the Girl Scout Tree Promise.

The Girl Scout Tree Promise is our pledge to protect the planet from climate change and plant, protect and honor 5 million trees over five years. It's the third year of our effort to plant trees in all 50 states, and you can help!

See more at <https://www.girlscouts.org/en/activities-for-girls/for-every-girl/tree-promise.html>

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white mountains

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# GS Backpack

May 2024

**May 2024**

What's inside:

- Sailing into summer fun!
- Camp open houses dates
- Family & Troop Camping
- Troop Spotlight
- Upcoming programs
- Travel Opportunities
- Membership renewal
- The Expo 2024
- Girl Scout Tree Promise



Abby from Troop 10932 of Weare, NH, collected donations from the neighborhood to give the linemen free cookies after the winter storm in March.



## Upcoming programs

For full program details, as well as additions to calendar, visit [www.girlscoutsgwm.org/activities](http://www.girlscoutsgwm.org/activities).



### Think Like a Forester, with the National Wild Turkey Federation

Cadette-Ambassador | Bedford, NH  
June 1, 10:00 a.m.-4:00 p.m.

Learn about different types of trees, how to properly measure them, and how foresters manage land to optimize wildlife habitat.



Price: Free, Register by May 19

### Lofty Dreams Overnight

Junior-Ambassador | Nashua, NH  
June 1, 7:00 p.m.-June 2, 9:00 a.m.

Join other local troops as you reach new heights with a night filled with climbing!

Price: \$30 per person, Register by May 16

### Clark's Wilderness Explorer Program

Daisy-Ambassador | Lincoln, NH  
June 8, 10:00 a.m.-4:00 p.m.  
June 16, 10:00 a.m.-4:00 p.m.

Girl Scouts and their families enjoy a hands-on program with the US Forest Service and NH Fish and Game departments, as well as the rides and shows Clark's Bears is known for.

Price: \$28 per person, Register by May 23 for June 8, and by May 30 for June 16.

### Play Ball! Girl Scout Night

Daisy-Ambassador

Vermont Lake Monsters | Burlington, VT  
June 8, 6:05 p.m.-9:00 p.m.

NH Fisher Cats | Manchester, NH  
June 15, 5:00 p.m.-8:00 p.m.

Nashua Silver Knights | Nashua, NH  
June 28, 4:30 p.m.-8:30 p.m.

Girl Scouts and their families enjoy an evening of fun as you cheer on a local baseball team!



Price: varies per game, check activities page for pricing. Register by May 23 for June 8, by May 30 for June 15, and by June 13 for June 28.

### Pool Party

Daisy-Ambassador | Thetford, VT  
June 9, 2:00 p.m.-4:00 p.m.

Join us for a pool party to kick off the summer! We will have a make-your-own sundae bar, play pool games, and have free swim time.

Price: \$10 per person, Register by May 26

### Child and Babysitting Safety Course

Cadette | Virtual  
June 9, 6:00 p.m.-8:00 p.m.  
August 4, 6:00 p.m.-8:00 p.m.

Learn child safety and basic care techniques for children.

Price: \$42 per girl, Register by May 23 for June 9, and by July 18 for August 4

### Magical Baking Summer Edition

Daisy-Ambassador | Virtual

Tea Time! - English Tea Biscuits and Jam  
June 12, 6:00 p.m.-7:30 p.m.

Secret Ingredients!  
July 10, 6:00 p.m.-7:30 p.m.

Explore the magic of baking with us!

Price: \$10 per girl, Register by June 5 for June 12, and by July 3 for July 10



### Girl Scout Awards Webinar

Junior-Ambassador | Virtual  
June 13, 6:00 p.m.-7:30 p.m.  
August 8, 6:00 p.m.-7:30 p.m.

Learn about all our Girl Scout Awards, from Community Service Bars to the Gold Award.

Price: Free, Register by June 6 for June 13, and by August 1 for August 8.

### Slingshots

Daisy & Brownie

Bedford, NH | June 15, 9:00 a.m.-10:30 a.m.  
Portsmouth, NH | June 16, 9:00 a.m.-10:30 a.m.  
Bedford, NH | August 4, 2:00 p.m.-3:30 p.m.

Try your skills with Sling Shots!

Price: \$10 per girl, Register by May 31 for June 15, by June 1 for June 16, and by July 21 for August 4.

### Cadette Archery Badge

Cadette | Bedford, NH  
June 15, 11:00 a.m.-1:00 p.m.

Earn your Archery badge as you learn fundamental archery skills, set up an archery range, practice your stance, and play archery games!

Price: \$10, Register by May 31

### Archery

Junior-Ambassador | Bedford, NH  
June 15, 1:30 p.m.-3:30 p.m.  
July 14, 11:30 a.m.-1:30 p.m.  
August 4, 11:30 a.m.-1:30 p.m.

Brownie & Junior | Bedford, NH  
July 14, 9:00 a.m.-11:00 a.m.  
August 4, 9:00 a.m.-11:00 a.m.

Brownie-Ambassador | Portsmouth, NH  
August 11, 9:00 a.m.-11:00 a.m.

Try your skills at archery!

Price: \$10 per girl, Register by May 31 for June 15, by June 30 for July 14, by July 21 for August 4, and by July 28 for August 11.



### Hatchet Throwing

Cadette-Ambassador | Portsmouth, NH  
June 16, 11:00 a.m.-1:00 p.m.  
June 16, 1:30 p.m.-3:30 p.m.  
July 28, 9:00 a.m.-11:00 a.m.  
July 28, 11:30 a.m.-1:30 p.m.  
August 11, 11:30 a.m.-1:30 p.m.

Hang out with your friends and try hatchet throwing on our course at Camp Seawood!

Price: \$10 per girl, Register by June 1 for June 16, by July 14 for July 28, and by July 28 for August 11.

### Tall and Small Try It All!

Daisy  
Bedford, NH | June 18, 5:00 p.m.-6:00 p.m.  
Portsmouth, NH | July 6, 1:00 p.m.-2:00 p.m.

Bring your favorite adult and meet other families in your area as you try a craft, make a snack, and play a game.

Price: \$10 per girl, Register by June 4 for June 18, and by June 23 for July 6.





Visit our website for a complete calendar of events updated weekly. You can see all programs offered in our council by date on the Activities calendar or search for programs through the myGS tab, "Find an Event."

### Climbing Adventure

Junior-Ambassador | Kittery, ME  
June 22, 10:00 a.m.-1:00 p.m.

Earn your Climbing Adventure badge as you take on Take Flight's Aerial Adventure Course in Kittery, Maine!

Price: \$50 per person, Register by June 6

### Battleship Sleepover

Brownie-Ambassador | Fall River, MA  
June 22, 2:00 p.m.-June 23, 8:00 a.m.

Come spend the night aboard a Battleship exploring every nook, cranny, and exhibit of the entire Battleship Cove fleet.

Price: \$80 per person, Register by June 6

### Family Camping— The Mystery of the Missing Spoons

Daisy-Ambassador | Thetford, VT  
June 28, 6:00 p.m.-June 30, 11:00 a.m.

Camp with your family for the weekend at Camp Farnsworth! Embark on a journey to solve the mystery of the missing spoons.

Price: \$215 per girl for platform tent, \$240 per girl for cabin. Register by June 14.

### Monster Jam - Manchester NH

Daisy-Ambassador | Manchester, NH  
June 29, 7:00 p.m.-9:00 p.m.

Enjoy big-time family fun at Monster Jam, where the world's best drivers and their 12,000-pound monster trucks tear up the dirt in wide-open competitions of speed and skill.

Price: \$18 per person, Register by June 13



### Independence Day Celebration

Daisy-Ambassador | Portsmouth, NH  
July 1, 12:00 p.m.-2:00 p.m.

Come celebrate Independence Day with a fun filled day at camp with your family.

Price: \$10 per person, Register by June 18

### Troop Camping - Around the World

Daisy-Ambassador | Thetford, NH  
July 5, 6:00 p.m.-July 7, 11:00 a.m.

Camp with your troop for a weekend at Camp Farnsworth! Spend the day trying all the activities camp has to offer, then embark on a journey around the world at our international fair.



Price: \$85 per person for platform tent, \$95 per person for cabin. Register by June 14.

### Circus Smirkus - The Imaginarium

Daisy-Ambassador | Milton, VT  
July 11, 6:00 p.m.-8:00 p.m.

Girl Scouts and their families enjoy an evening under the Big Top with performers from Circus Smirkus!

Price: \$25 per girl, \$40 per adult, Register by June 27

### Forest Friends

Daisy-Ambassador  
Portsmouth, NH | July 13, 10:00 a.m.-2:00 p.m.  
Bedford, NH | August 10, 10:00 a.m.-2:00 p.m.

Practice the art of being kind to plants and trees, understand the basics of Leave No Trace, and observe different sights and sounds in the forest including all the animals that live there.

Price: \$30 per person, Register by July 1 for July 13, and by July 27 for August 10.

### Sow What? Summer Journey Series

Cadette-Senior | Virtual  
July 16, 6:00 p.m.-August 20, 6:00 p.m.

Investigate the food network as you learn about food: how and where it's grown, harvested, processed, distributed, and consumed, and why it matters.

Price: \$15 per girl, Register by July 9

### Breathe Summer Journey Series

Cadette | Virtual  
July 16, 6:00 p.m.-August 20, 6:00 p.m.

Focus on the many aspects of air through the use of all of the senses. Learn how to help the world by protecting the air we breathe!

Price: \$15 per girl, Register by July 9

### Justice Summer Journey Series

Ambassador | Virtual  
July 16, 6:00 p.m.-August 20, 6:00 p.m.

Identify global environmental issues and create your own vision for change.

Price: \$15 per girl, Register by July 9

### Think Like a Citizen Scientist Summer Journey Series

Daisy | Virtual  
July 18, 6:00 p.m.-  
August 22, 6:00 p.m.



Become Citizen Scientist as you use the scientific method to investigate the world and make discoveries.

Price: \$15 per girl, Register by July 16

### Agent of Change Summer Journey Series

Junior | Virtual  
July 18, 6:00 p.m.-August 22, 6:00 p.m.

Explore how powerful individual women have been throughout history, how your own individual powers can be linked together to create a powerful team, and how your team power can become community power.

Price: \$15 per girl, Register by July 16

### A World of Girls Summer Journey Series

Brownie | Virtual  
July 18, 6:00 p.m.-August 22, 6:00 p.m.

Explore the world through stories and discover things about people you did not know before!

Price: \$15 per girl, Register by July 16

### Wizarding University

Daisy-Ambassador | Bedford, NH  
July 20, 10:00 a.m.-July 21, 11:00 a.m.

Invite your family for a weekend of wizarding adventure. Create wands and, learn spells, make potions and so much more!

Price: \$135 per girl, Register by July 6

### Camp Chaos

Daisy-Ambassador  
Portsmouth, NH  
July 27, 10:00 a.m.-  
July 28, 11:00 a.m.



Bedford, NH  
August 3, 10:00 a.m.-August 4, 11:00 a.m.

Bring your troop to camp for a weekend of camping and make some new friends!

Price: \$25 per person, Register by July 13 for July 27, and by July 20 for August 3.